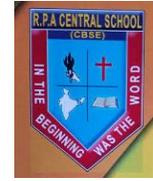




**KUMARI ARIVIAL PERAVAI
WORKSHOP**



ON

CREATE REAL TALENT

(CRT-2018)

AT

R.P.A CENTRAL SCHOOL

ON

27-12-18 AND 28-12-18

REPORT BY,

KAVYA ANOOP

CRT CONSULTANT

Kumari Arivial Peravai conducted a CRT- 'Create Real Talent' programme in collaboration with R.P.A Central School, Mamoottukadai. The programme was held for two days; on 27th and 28th December, 2018. Mr. Mullanchery. M.Velaian, the organizer of KAP, I and my five member group of young scientists along with 3 former young scientists took part in the event. It was an opportune moment for all the five of us for, we hadn't ever taken the responsibility of managing students and make them learn things.



We arrived at the campus sharp at 7 o' clock and then we introduced ourselves to the students. Later, they were separated into five groups and my team had seven members. We began the group discussion session at 7:30 and at first my group

members were not very interactive and seemed to be a little indifferent. But as I started speaking about myself and about different things they also became interactive and were much happy to share about their school as well about their teachers. We played many games as well as spoke about many things which made everyone to laugh. We named our group Future Kalams and the teacher in charge of my team was Ms. Vibisha. She was very supportive to all of us.

After group discussion, we had breakfast. We interacted more with the students. The breakfast helped us to refresh us. Then, we headed to the hall to start the formal session. Harrin Daris, a former young scientist, was the compere of the day. He spoke about the purpose of CRT camp, which was to take children beyond the school education which they get. He gave an account of the school and thanked the Principal Mrs. Sheela as well as all the staff who were present there.

We sang the Tamil Thai Vazhthu and after that Mrs. Sheela gave the welcome address. She welcomed everyone and wished us all the best.



Then, the presentation session began. First of all, **Lekshmi.A.S**, a former young scientist presented the topic **Personality Development**. Personality is the sum of total behaviors, beliefs, attitudes and values. She said a story related to this which was very interesting. She

also explained about leadership, a leader as well as the qualities a leader must possess. Importance of communication and stress management were also explained by her. One more thing she said about was conflicts, which occurs when two or more people have differences in ideas, views and are not ready to understand or accept each other's ideas or views. She also gave some ideas to resolve conflict. At the end, she said about personal grooming and teamwork and finished her presentation. Her presentation was mesmerizing as she narrated many stories as well as made the students to interact.

Priyanka and a student from her team gave the feedback. After that, we had tea break and then each team planted a tree in the school ground.

After returning to the hall, a presentation was given by **Priyanka** on the topic **Observation**. It is an action or process of closely observing or monitoring something or someone and it is the knowledge which we receive from outer world. She mentioned about the importance of observation and then gave a memory



challenge game to test observation skill of the students. Meditation also plays an important role in observation and she explained about that too. She concluded her presentation by giving some steps to become a good observer and then a student from my team,

Sivachanthini, gave the feedback for her presentation.

Then, **Lekshmy** gave a presentation on the topic **Pronunciation**. Pronunciation is the way we pronounce or say a word. Most of the simple words and even the word ‘Pronunciation’ are pronounced wrongly. She gave the right pronunciation of some of the words which we hear daily, for example: heart, work, world, girl, hair etc. She made the students to repeat her as well as asked them to pronounce those words in a sentence form. It was a very interactive presentation and Jeffly from my team gave the feedback.

Varsha; a former young scientist, gave the next presentation. It was on the topic ‘**Human Abuse**’. It is an intended action towards others by harming them. Abuse is of three types:

- 1) Physical abuse
- 2) Psychological abuse
- 3) Sexual abuse

She explained them in an understandable manner and then said about what we must do when we are subjected to abuse. This was the end of her presentation and the video she showed to us was created by Child Line was very informative.

After this presentation we had lunch and during lunch, my team members spoke a lot of things with me and we enjoyed it. Then we had a **report writing session**

from 2:00 to 2:30 in which the students wrote a short report. My team members did well in this session and I corrected their reports after they had finished it.

From 2:30 to 3 we had leisure time and we had fun by playing games and talking.

The formal session was continued next and a former young scientist; Miss. Anshika gave a presentation on the topic Tamilnadu. She said that Tamilnadu has 32 districts and the largest one is Villipuram whereas the smallest one is Chennai. The name Tamilnadu was given in 1969 and it is the sixth populated State in India. She explained in detail about each and every district and gave the location also. The importance of each District as well as the dates in which each district was formed were also given. It was an informative presentation.



The next presentation was given by a former young scientist; **Miss. Stephy**. Video clips from different movies were played, such as Kathi, Mersal and 2.0 and asked us to pick our favorite dialogue and say it as it is in the clip. She explained us about the value that the movie

teaches us for example in the first clip, Vijay says about the helplessness of farmers in Kathi movie. It shows how important are the farmers but they are not given as much importance as the Corporate companies in India. In the second clip we can see Vijay saying about the evils of medical field in Mersal movie and this shows that MBBS is a very prestigious course and we are not supposed to misuse it for money. In the last clip we could see a song clip from 2.0 where Akshay Kumar watches the birds flying and then we see many birds dying due to mobile tower signals. This shows how technology has changed the world around us and how we are killing lots of poor animals without our knowledge. It was a very beautiful presentation and a way to make students understand things as most of them watch movies.

The next presentation was given by me on the topic '**Study with Happiness**'. I explained how students study nowadays and many of the students said that they used to mug up some of their lessons.

I gave them 6 tips for studying with happiness, which were:

- 1) Understand what you are learning
- 2) Keep a note book for yourself
- 3) Find a learning partner
- 4) Get away with fear of exams
- 5) A picture is worth a thousand words
- 6) Use pneumonic



We also performed a memory challenge but it was different from Priyanka's as I asked the students to connect the pictures and make a story out of it as it would be easy to remember and even the students said correctly. This method is called pneumonic. I concluded my

presentation by showing two videos. One was about the importance of understanding the concept and the other one was some tips to overcome fear of exams.

Then, we had tea and then each team sat on different places on the ground and conducted a short extempore. My team members did not speak very well as they didn't get time to prepare. So, I interchanged their topics and asked them to prepare for five minutes. Miss. Stephy also came to help me and turned the session into a fun filled one. This time they spoke very well and even I was surprised by their performance.

We played games after that for a long time and then returned to the hall where **Sivachanthini** gave a presentation on the topic **Worry**. She explained about worry and the reasons why worry takes over us. Major reasons are expectations, work load, dissatisfaction and non-realistic aims. She also gave some tips to overcome worries and this was the end of her presentation.

The next presentation was given by **Adithyan** on the topic '**Public Behavior**'. It is the behavior among two or more organism within the same species and encompasses any behavior in which one member affects the other. He explained about public behavior in India by his fun filled action. He also gave some ways to behave in school as well us in the public. The topic discipline was also covered by him. It was a funny as well as understandable presentation. Everyone loved it as he has the skill to make others interact.



Then we had our dinner and it was very delicious and gave us energy as we had a weary day. After that, each team came to the dais and every member along with the consultants and the teachers spoke about their experience throughout the day.

Then we had **cultural programme** in which the students danced and sang songs. Then the feedback for the whole session was given by Sivachanthini and me.

Last, we went to our respective rooms and slept peacefully after a busy day.

The next day morning was a cheerful one as we woke up at 5:00 am and then had **walking and yoga sessions at 6. 00 am**. Later we went to the hall and began the formal session.

The first presentation was given by **Harrin Daris** on the topic '**Talent**'. Talent means a natural aptitude or skill which every human being should have. He said about talent development and the steps involved in it. It includes:

- 1) Identification
- 2) Work and practice
- 3) Analysation
- 4) Correction of mistakes
- 5) Opportunities

He concluded by saying the purposes of talent development.

The next presentation was given by **Lekshmy** on the topic '**Life Resources of Kanyakumari (Mountains)**'. Mountain is a large natural elevation of the earth's surface rising above. She said about the importance of mountains and then explained about different mountains in Kanyakumari like, Mahendragiri, Maruthuvalmalai and Kodayar. Last, she concluded her presentation by saying the issues which are faced by mountains nowadays.



It was an informative presentation. Mr. Velaian pointed out a mistake in her presentation. It was that there are no mountains in Kanyakumari and Mahendragiri, Maruthuvalmalai and Kodayar are hills.

Sivachanthini presented next on the topic '**Coastal Areas of Kanyakumari**'. Kanyakumari is the tip land of peninsular India. The coastal area of Kanyakumari extends from Neerodi to Vattakotai. She explained about 4 beaches: Kanyakumari, Muttom, Sanguthurai and Manavalakurichi. The impact of pollution on beach were also mentioned by her and she concluded by advising two things:

- 1) We must maintain our beaches clean and
- 2) Stop using plastics.

Following, **Priyanka** did a presentation on the topic '**Medicinal plants of Kanyakumari**'. Most of the people nowadays go to hospitals even for a simple problem without trying medicines found in their homes.

She explained about five most seen medicinal plants in Kanyakumari. They are:

- 1) Kuppaimeni
- 2) Guava
- 3) Thippili
- 4) Ginger

5) Tulsi or holy basil

She mentioned the uses of each plant in detail. Earth provides enough to satisfy every man's needs but not every man's greed. Nowadays we are destroying these resources of the earth and for this she gave some ways to save the earth. Those are:

- 1) Plant more trees
- 2) Save trees
- 3) Don't pollute
- 4) For every tree which is being cut down, 4 trees must be planted to compensate it.



Earth gives us everything but what we give back to her is important. With a message of not letting this question arise again and save the natural resources of the world, she concluded her presentation.

After that, we had breakfast and we felt relieved as we woke up at 5 and

were very much hungry.

Then we had a **field study** and I took my team to a rock top when all others were exploring the school ground. It was a very beautiful place over there and we could see butterflies flying everywhere. I motivated my team members to take notes of the plants and animals we saw and my team in charge of the teacher enquired the biology teacher whenever we find a plant which we are not aware of. We also had fun by going to different places which were left unexplored by other team members.

After field study, we returned to the hall and gave feedback for the field study session. Then we had tea and **Miss. Varsha** gave the next presentation on the topic **Just go beyond...even sky isn't your limit.... (Famous personalities).**

She explained about nine personalities in three categories. The first category of people consisted of Kofi Annan, Stephen Hawkins and George Bush, who are no more. The second category consisted Donald Trump, Oprah Winfrey and Ratan Tata. The last category constituted of Navi Pillai, Sunder Pichai and Prithika Yashini. She explained about their achievements and what makes them stand out from others.

Following her presentation everyone danced for few songs as the session was getting a little bit boring.



After having fun by dancing, we had a presentation next by **Stephy**. She asked the students to write their daily routine and found that most of them don't wake up early enough. She said that the difference between famous personalities and us is that they utilize the 24 hours which they

get. She listed the benefits of waking up early and then listed some people like Michelle Obama, Akshay Kumar, Narendra Modi, etc, woke up early in the morning. Then, she said some steps to improve our lifestyle and then concluded by advising us to start waking ahead of the sun. It was a wonderful presentation as she compared the routine of famous personalities with ours.

Later, we had lunch and then continued with my presentation on the topic '**What is Education?**' Education is the process of facilitating learning, or the acquisition of knowledge, skills, values, beliefs, and habits. Education is of two types; Education through an educator and Self education. I explained about them in detail. The greatest problem of the modern education system is that it doesn't focus on systematically preparing students for many aspects of the real challenge in life. I provided some ways to change this current system of education of mugging up into providing focus on skills. To support my views on this topic a video presentation was also done

Adithyan gave the next presentation on the topic '**Healthy Education**'. One mistake was committed by him that he presented 'Health Education' instead of the

topic 'Healthy Education'. So, health education is a professional way of educating people about health. He gave the purposes of healthy education and explained more about its importance.

He also gave the tips for a good life which goes like this:

Avoid	A	Always
Bad	B	Be
Companies	C	Careful

He concluded by advising us to include medicinal plants in our study and to live a healthy and happy life.

Then at last feedback was given by some of the students and then we, the team consultants spoke. We thanked everyone as well as shared our experience throughout the camp. Two teachers from the school also spoke about their experience.

Then, the feedback of the whole CRT Camp was given by me.

Mrs. Sheela, the principal of the school thanked us, Velaian sir, the teachers and the students and said that she has seen a great change in her students within these two days.

Following, Velaian sir spoke and said that he has also seen great change in the students. He thanked Mrs. Sheela, the teachers, the students and us and said that we had managed the programme beautifully. Usually, he used to speak more and lead us but this time he gave the whole programme to our hands.

The school correspondent arrived just then. He said that he was very happy to see the change in his students even though he wasn't able to attend the programme. He thanked everyone and wished us to shine bright in the future.

We all received our certificates and were very happy. The programme ended in a happy note. As we were about to go, my team members were insisting me to stay

but I had to go. At last, I said goodbye to my team members and returned to my home hoping to meet them again sometime later.

CONCLUSION:

The two days of CRT Camp were really useful as well as unforgettable. It taught me lots of things and improved different skills in me like leadership skill, speaking skill, as well as listening skill. This programme must have been a really informative as well as life changing one for the students who were present there and they are going to be the future shining stars. The things they have learned is little but this will create a wide base for achieving more knowledge.

I would like to thank Mr. Mullanchery M. Velaian for selecting me as a CRT Consultant along with the other four students from the group of 54 young scientists and for standing as the power behind the throne for the whole programme.

I would like to thank the correspondent of the school who arranged all the things and came in between to see how things are working.

I would like to extend my sincere gratitude to Mrs. Sheela, for caring as well as being cooperative with us.

Special thanks to all the teachers and staff that cooperated with us to make the programme a splendid success.

I thank all the students who came to participate in the programme and went back with flying colors after the camp for being supportive and interactive.

Last but not the least; I thank Almighty for being with me and my parents and supporting me always.

THANK YOU